Things to see in Cavan

Cavan County Museum

Located in a superb nineteenth Century building at Virginia Road, Ballyjamesduff, the Museum houses the material culture of Cavan and surrounding districts. Exhibition galleries feature unique Stone Age, Bronze Age, Iron Age and Medieval artefacts. Interesting displays include the pre-Christian Killycluggin Stone and Corleck Head, the 1,000 year old Lough Errol Canoe, eighteenth Century Cavan Mace and Lavey Sheela na Gigs. The GAA Gallery was recently opened and has attracted a wealth of Sports Enthusiasts.

Lifeforce Mill

Located at Millrock, Cavan, a beautifully restored, fully working flourmill powered by Ireland's oldest waterturbine, Macadam 1846. A tour of the mill begins with each visitor making and baking his or her own loaf of brown bread which is baked while the tour takes place. All the original equipment is still used to produce Lifeforce stoneground wholemeal flour. After the tour you will return to the impressive stone coffee shop to collect your bread, hot out of the oven!

Drumline Monastic Site

Located at Milltown, an idyllic setting between Lakes Drumlane and Derrybrick. A round tower and church mark the sixth century monastic site. The church building dates from thirteenth or fourteenth century and is located half a mile form Milltown village. The

Cavan Way

Starting from Cavan County Council Library Services in Cavan Town, The Cavan Way provides a pleasant hill and valley walking connection between the Leitrim Way at Dowra, a small village community near the source of the River Shannon and the Ulster Way at Blacklion village.

Following generally the course of the young river to its source at the mystical "Shannon Pot", the walk follows quiet valley and river-side landscapes to the more unenclosed uplands section between the "Pot" and Blacklion, which includes the forested Burren area and its cemetery of ancient tombs, stone megaliths and monuments. Fine views are obtained from these elevated upland areas.

Saint Killian’s Heritage Centre

Located at Mullagh. Saint Killian was born in Mullagh, County Cavan in 640 AD. In 686AD he became a missionary to Wurzburg in Germany where he was martyred in 689AD. The exhibition and audio-visual here deal with Saint Killian including his times, his work, martyrdom and subsequent cult.

It brings to life a glorious era in Irish Church history and the work of Irish missionaries in Europe in the sixth and seventh centuries, with maps, photographs, statuettes, manuscript facsimiles and art reproductions. The exhibition also traces the development of Gaelic script from the Ogham writing of the fourth to seventh centuries and the Wurzburg Glosses (the earliest example of written Irish c.750), to the illuminated script of the Book of Kells.

Cavan Crystal

Situated on the N3 just minutes from Cavan town, they offer the visitor comfy sofas to relax in, open fires and local/nationally produced crafts. The restaurant designed by Irish craftsmen boasts an array of home cooked food. The audio-visual theatre gives visitors an insight into the craft of mouth-blown, hand-cut crystal and a brief history of Cavan and its environs.